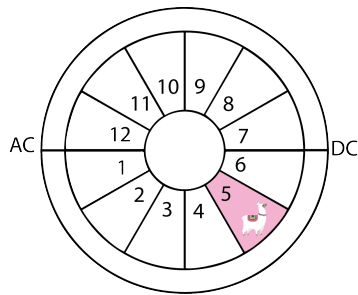


# Design Your Dream Relationship: Lesson 6 Worksheets

## 5th House Transits: Provoking Passion









**Exercise:** Are any planets transiting through your 5th House? *Use the table on the next page for reference.* Do you currently feel their impact in your life? While it's visiting this house, how can you use this transiting planet's energy for your benefit?





**These planets (if any) are transiting my 5th House:**

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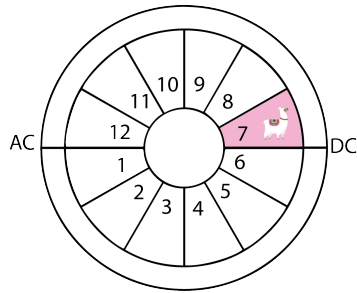
**Ideas for using this planetary energy for dating and romance:**

## HOW THIS TRANSIT MAY AFFECT DATING AND ROMANCE:

| Planet  | Time in each zodiac sign                | Possible influence while transiting the 5th house  |
|---|---|--|
| <b>Sun</b><br>       | 30 days                                 | You're a walking telenovela, generating romantic heat—and even ratcheting up the drama factor—the minute you step into a room! Dress-up dates and high-profile partnerships? Yes, please. Bring on the arm candy—and the PDA! Now's the time to schedule those hot and sexy dates—or enjoy the ones that erupt spontaneously. Under this show-stopping transit, you'll turn heads and leave jaws on the ground. Give 'em something to talk about!  |
| <b>Moon</b><br>      | 2.5 days                                | Emotions are epic, passionate and all over the place(!) when the moon transits through the fifth house. Not that you'll object! During this sensitized cycle, you want to feel it all, riding the roller coaster of love through the highs and lows. Feelings will be strong, but careful not to confuse them with facts. You could be drawn someone who needs a lot of nurturing—but careful not to let the caretaking vibes turn parental!   |
| <b>Mercury</b><br>  | 3 weeks up to 10 weeks while retrograde | An intellectual connection is a must! Creative expression, especially verbal and written, will be fluid, so compose those love letters and sext to your heart's content. You'll be "handsy" now, wanting to interlace fingers, learn how to give a great massage, or start a DIY project with your sweetie. You and people around you may be dramatic, emotional and colorful in self-expression. Socialize with your sweetie or go out often. You could meet someone on a dating app or through common friends. |
| <b>Venus</b><br>   | 4-5 weeks, up to 10 weeks if retrograde | Romance reigns! A passionate and sexy time for love, great for decadent dates, fun experiences and dressing to express your wild side. Send a love letter, practice your seduction skills, surprise your S.O. with a dream date. It's a great time for enjoying art, music, dance and cultivating creativity.  |
| <b>Mars</b><br>    | 8 weeks, up to 8 months if retrograde   | Make love...and war! Fireworks emerge in the form of passionate chemistry OR explosive arguments. There's no holding back; everyone is bursting at the seams to express themselves. A pregnancy is possible (especially since you may be practicing a lot!). Clear the air of any repressed emotions.  |
| <b>Jupiter</b><br> | 12-13 months                            | Creative inspiration comes through travel, study or expanding your realm of influence. Attractions may ignite with someone from a foreign country or long-distance locale. It's a great time for romantic travel or meeting someone while vacationing. Pump up the world music, soak up art and culture from around the globe. Learn to speak a Romance language (literally and  |

|   |             |   |
|---|-------------|---|
|   |             | figuratively). Couples may want to take a fun class. The fifth house rules fertility, and with abundant Jupiter here, you could get pregnant with multiples!  |
| <b>Saturn</b><br>    | 2.5-3 years | Dating must be purposeful when Saturn transits your fifth house. If you're on a mission to get married or make babies, there's no wasting time with people who don't have similar objectives. A busy work schedule—or inhibitions—could make it hard for you to get in the mood at times; though you might meet your best match through a work function! You may be celibate for part of this transit or want to take a break from dating. Since Saturn is associated with age and maturity, you may feel sparks with someone a bit older or settled down—or younger and far less experienced so you can have the upper hand.   |
| <b>Uranus</b><br>    | 7 years     | A beautiful and unconventional mind will be an essential quality of attraction. You could make a radical change to your dating style and even who you're attracted to—but you'll struggle to shake that burning attraction to the bad boys/girls. You may feel suffocated by too much stability in your love life, or have a desire to stir things up if you feel bored, restless or anxious. You could be tempted to rebel with an edgy flirtation or an affair. Uranus is the planet of surprises, so an unexpected pregnancy is possible. Or, you may try fertility treatments (such as IVF), since Uranus rules modern science and technology. It's a good time to meet someone online.   |
| <b>Neptune</b><br> | 13-15 years | A softer, more mystical side of you emerges—and you want to connect with dates in a soulful way that goes beyond words. Spiritual chemistry is essential! You may feel “led” to a prospective partner by a divine force. Since you'll be ultra-compassionate, you must guard against "rescue missions" and keep clear boundaries in place so as not to get swept up in a codependent (or overly submissive) dynamic with dates and mates.   |
| <b>Pluto</b><br>   | 12-20 years | Hello, powerhouse! You radiate intensity during this karmic transit, which can bring wealthy, connected and powerful people into your sphere. Your magnetism multiplies, and people are drawn to you like moths to a flame—or repelled, if they can't take the heat! You can certainly come on strong, and you may develop a penetrating gaze that makes people feel like you can see right through to their souls. You may start “power dressing,” wearing expensive clothes that radiate status. Because Pluto rules reinvention (a la the Phoenix rising from the ashes), this transit can bring extreme changes to your dating style and the choices you make in love. You may burn a bridge or two, or exit a destructive/ codependent situation and wipe the slate clean. |

## 7th House: Relationship Revival









**Exercise:** Are any planets transiting through your 7th House? *Use the table on the next page for reference.* Do you currently feel their impact in your life? While it's visiting this house, how can you use this transiting planet's energy for your benefit?





These planets (if any) are transiting my 5th House:

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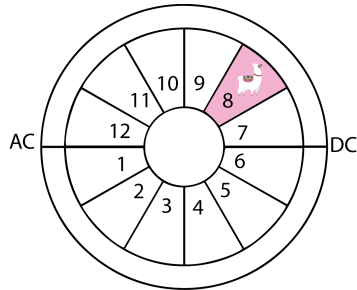
Ideas for using this planetary energy for serious commitments and long-term relationships:

## HOW THIS TRANSIT MAY AFFECT RELATIONSHIPS AND COMMITMENT:

| Planet  | Time in each zodiac sign                | Possible influence while transiting the 7th house  |
|---|---|--|
| <b>Sun</b><br>       | 30 days                                 | Post that relationship status and let the whole world know who you love! This is a time for showing off your beloved or making public appearances as a pair. If you're single and looking, your radiance could attract a keeper. If you think you've found someone of lasting value, boldly pursue!  |
| <b>Moon</b><br>      | 2.5 days                                | You need reassurance of commitment—are they in or are they out? Without that, you may feel unmoored while the moon transits your 7th house. Ironically, these are days where you may be uncertain about your own feelings, needing to weigh the pros and cons to make sure you've found someone who truly balances your needs.   |
| <b>Mercury</b><br>   | 3 weeks up to 10 weeks while retrograde | This is an important time for dialogue with a mate or business partner. You could meet someone special through conversation, social media, or at a local event. It's a good time to “talk it out” or sign contracts, except when Mercury is retrograde.  |
| <b>Venus</b><br>   | 4-5 weeks, up to 10 weeks if retrograde | Love planet Venus plays Cupid when it transits this house. You’re “in love with love,” and feel especially open-hearted toward people who captivate your interest. Physical attraction and a shared aesthetic can be powerful bonding agents. Compassion, empathy and generosity are emphasized. Harmonizing Venus can help couples work out comprises, cooperation, and forming closer ties.  |
| <b>Mars</b><br>    | 8 weeks, up to 8 months if retrograde   | Relationships become spicy but also stressful. Couples may argue more, but will (hopefully) settle it with some world-class makeup sex. Divorces and breakups can be contentious—someone may want to fight just for fighting’s sake. Aggression in interpersonal relationships may increase necessitating more physical space—or a time-out and a deep breath. Pressure to commit, possibly before you’re both ready, could intensify.   |
| <b>Jupiter</b><br> | 12-13 months                            | You could meet your future marriage partner on vacation, or fall in love with someone from another culture or country. Couples may opt to move or get married abroad (or have a “destination wedding,”). This is a lovely time to travel with your significant other. Jupiter rules expansion, so some longtime couples may outgrow each other, parting ways amicably or making room to explore independent interests instead of being joined at the hip. Others will reinvent their stagnant relationships by adding more adventure, perhaps moving or renewing vows. Couples who learn together “burn” together: Keep the spark hot by taking a mind-expanding class or a couple’s workshop. |

|   |             |   |
|---|-------------|---|
| <b>Saturn</b><br>  | 2.5-3 years | <p>A serious, mature energy envelops all partnerships—no commitment will be taken lightly now. You may learn important life lessons about relationships or do something very "adult" together like buying a home or starting a family. Since Saturn rules maturity, you may commit to a relationship with someone much older or much younger than you. If it's time for a break, you could go through a separation or divorce that forces you to stand on your own two feet. Adult responsibilities, such as work or caring for an aging parent, can interfere with romance and togetherness. Structures, such as weekly date nights and coordinating calendars, can help keep romance alive.</p>   |
| <b>Uranus</b><br>  | 7 years     | <p>This disruptive transit will shake up your relationship as you know it. While this may temporarily unmoor your sense of security, excitement and erotic sparks will follow as you find your edge again! You may have a sudden desire to stir things up, be free, follow an unconventional arrangement (living separately, open relationships), be more spontaneous. May start a relationship with an eccentric type or someone who brings out the quirky side of you. Couples may engage in metaphysical practices, such as meditation or medicine ceremonies, to connect to your higher minds together.</p>   |
| <b>Neptune</b><br> | 13-15 years | <p>This cycle can bring confusion, delusion, and a heavy dose of fantasy. You may see-saw between idealizing or demonizing a partner, feeling resentful and taken for granted one minute and putting the person on a pedestal the next. It may be necessary to make sacrifices to keep a relationship together, but there will also be a struggle to set limits and boundaries. Addictions, breakdowns, and buried emotions could disrupt the harmony of a relationship. A soulmate or kindred spirit could appear as a result of your willingness to surrender to the universe's divine plan. Relationships may become healing spaces—you could meet someone who helps you overcome an old wound.</p>  |
| <b>Pluto</b><br> | 12-20 years | <p>Mirror, mirror—your partners and the people closest to you are reflecting back your best traits AND what you most need to improve. Relationships have a karmic or fated feel. May see the “shadow side” of a partner, find (or keep) secrets, or deal with a person who has addictions and obsessive tendencies. Your own obsessive, secretive or possessive side could emerge. Watch for uneven and dangerous power dynamics in relationships. Don't get involved with people who have a less-than-spotless history of fidelity (unless you're prepared to be VERY understanding). In its highest vibration, Pluto in the 7th house could help you magnetize a love partner through intense spiritual work. Couples therapy can benefit some relationships, as unconscious patterns will reveal themselves prominently.</p> |

## 8th House: Erotic Awakening









**Exercise:** Are any planets transiting through your 8th House? *Use the table on the next page for reference.* Do you currently feel their impact in your life? While it's visiting this house, how can you use this transiting planet's energy for your benefit?

**These planets (if any) are transiting my 8th House:**





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**Ideas for using this planetary energy for seduction and awakening/enjoying erotic encounters:**

## HOW THIS TRANSIT MAY AFFECT INTIMACY AND SEXUALITY:

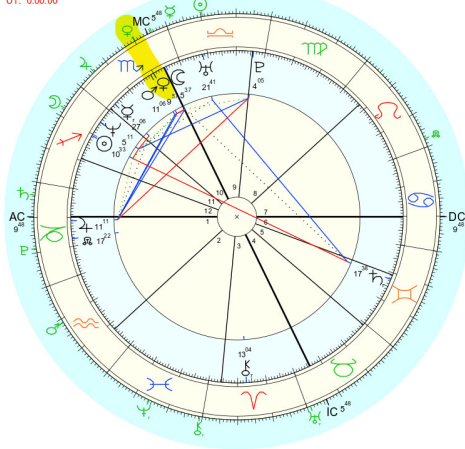
| Planet  | Time in each zodiac sign                | Possible influence while transiting the 8th house   |
|---|---|---|
| <b>Sun</b><br>       | 30 days                                 | Sexy beast? Vivacious vixen? Heartbreaker? You'll definitely bring the heat during an 8th house solar transit. Erotic intensity burns the brightest during this part of each year—however it can be a strong brew! Careful not to intimidate people with your forthright energy, or throw them off your trail with your mysterious allure. Wear clothes that make you feel attractive, in ways that you are comfortable. If desired, all eyes will be on you!                       |
| <b>Moon</b><br>      | 2.5 days                                | Emotions will be INTENSE—from passion to possessiveness! But due to the secretive nature of the 8th house, you may hold them in during these 2.5 day lunar transits. The effect is like hot lava heating below the surface of a volcano. To prevent destructive eruptions, you'll need safe spaces to reveal your feelings. Privacy is a must! You will bond deeply with people who are willing to show their vulnerability. Just remember to share what's going on with you too!   |
| <b>Mercury</b><br>  | 3 weeks up to 10 weeks while retrograde | Flirting and sexting could get ultra naughty now! (Make sure you're sending that boudoir photo to the RIGHT recipient.) You may prefer to stay in together or share "just the two of us" social experiences. If your relationship has gone from "bootyliscious" to "buddyliscious," consciously spend more time apart to stoke the embers—and save yourselves from falling into the friend zone.  |
| <b>Venus</b><br>   | 4-5 weeks, up to 10 weeks if retrograde | Love gets intense—you want mind, body and soul connections. Jealous or possessive tendencies may need to be worked through. You may crave more quality alone time with partner to feel emotionally safe and loved. Beautify your bedroom, buy pretty lingerie, add intense and sexy ambience to your home. Cook with spices, eat foods that have aphrodisiac properties, take a burlesque or pole-dancing class to find what Sheila Kelly of S-Factor calls your “erotic creature.” |
| <b>Mars</b><br>    | 8 weeks, up to 8 months if retrograde   | This is a spicy, sexy transit that really ramps up your mojo, leaves you feeling sexually confident (and conquest-like). You may leap into bed (without looking) due to off-the-charts chemistry. Couples may fight over sex, jealousy, money. Divorces and breakups involving a division of assets can become heated, as can any legal battles.  |
| <b>Jupiter</b><br> | 12-13 months                            | Make a shared budget! Large amounts of money come in (and sometimes go out) during this period, though you could have luck with real estate and joint ventures. Be careful not to gamble too much with your savings! You'll feel adventurous in the bedroom, and also excited about bonding with someone for the long-term. Pregnancies, engagements, cohabitation can ignite—you're  |



|   |             |  |
|---|-------------|--|
|   |             | ready to leap! You may feel restless in a stagnant relationship, and could leave to find someone who's more open-minded and adventurous. Want to stick around? Traveling, taking workshops and playing sports together can bring back the sexy sparks.   |
| <b>Saturn</b><br>    | 2.5-3 years | Time to get serious about intimate and permanent ties and long-term finances. Couples may buy property, put down roots, get married or divorced, have children. You could feel sexually repressed or have a low sex drive due to Saturn's restrictive energy. Or, the burden of work and responsibilities could steal your mojo. May need to pencil in official date nights— or book nights at a hotel away to whisk yourself away from all your libido-dulling duties.  |
| <b>Uranus</b><br>    | 7 years     | Let freak c'est chic! There's nothing you won't try between the sheets—and before this transit, you may never have imagined you'd do THAT. Unconventional desires and fantasies come to the fore. This could be the time to have a “best friend with benefits” or to “take a lover” (if you prefer to be old-fashioned about it, which future-focused Uranus usually doesn't). Heck, you could even find yourself exploring open relationships and polyamory. Uranus rules technology, making online dating and apps a spicy way to find your soulmate—or some sexual healing.   |
| <b>Neptune</b><br> | 13-15 years | Hello, soulmate...goodbye, soulmate? A strong, fated sexual attraction is brewing, but the lover in question may be elusive during a slippery Neptune transit. You may wonder if you've dreamed the whole thing! On the upside, your erotic imagination is ablaze, so take a pen name and write some windswept novels, perhaps. A partner may be dealing with an addiction, illness or financial downturn. Money and karma are linked. You could receive a grant for a do-gooding nonprofit, or raise money for a charitable cause. Manifesting is powerful, so hone the Law of Attraction. Visualizing prosperity brings it in spades.  |
| <b>Pluto</b><br>   | 12-20 years | 50 Shades of...something...is going on. Intense, power-tripping Pluto in your house of sex and intimacy could conjure up your own personal Christian Grey. Eek! If you're not ready for the Red Room, don't worry—plenty of psychological baggage will be dragged up from your mental basement. Never thought you were the jealous type, or one to check your mate's email and diaries? You might just find yourself snooping it up now. Divorces can get especially bitter during this transit but marriages can also be magical alchemical and magnetic. You and your partner can also amass incredible wealth, perhaps through an inheritance, legal settlement or joint venture. |

## Venus Return: Your Annual Romantic Renaissance

Natal Chart and Transits (Method: Web Style / Placidus)  
Date: 13 Oct 2018  
UT: 0:00:00



My natal Venus is at \_\_\_\_\_ (degree °) \_\_\_\_\_ (minute ")

in the \_\_\_\_\_ house

**EXERCISE:** Using an ephemeris, find the date of your last (or upcoming) Venus return.  
(Links for [2017](#), [2018](#) and [2019](#) on the web page for this lesson)



My last Venus return happened on this date in 2017 or 2018: \_\_\_\_\_



My next Venus return will be on this date in 2018 or 2019: \_\_\_\_\_

**THINK IT OVER:** Did anything significant happen on or near (within a few days of) this date? If your Venus return is forthcoming, what would you like to plan for this momentous occasion?