

Design Your Dream Relationship: Lesson 5 Worksheets

The Nodes: Your Soulmate GPS



My South Node is in (zodiac sign):_____



My North Node is in (zodiac sign):_____

Fill in the blanks from the suggested keywords below or use them as prompts.

Using my **South Node**, I can draw on these innate talents to anchor myself when I feel upset, ungrounded or uncertain. Since this is my home turf advantage, how can I bring these gifts to relationships to foster love and connection?

Utilizing my **North Node**, I can challenge myself to stretch and grow in these ways when my life or relationship feels stuck or stagnant. How might I appreciate or look for these qualities in a partner?

NORTH & SOUTH NODES KEY PHRASES

	If your South Node is in this sign or house, you may have mastery over this quality/realm in love and relationships:	If your North Node is in this sign or house, you are here to develop this quality/realm in love and relationships:
SN: Aries/1st House NN: Libra/7th House	Independence/boundaries, assertiveness, vocalizing your feelings (and enjoying a dynamic debate), sharing a sexy physicality	Co-creating (with an equal give and take), compromise, peaceful resolution, enjoying decadence and luxury together
SN: Taurus/2nd House NN: Scorpio/8th House	Affection, sensuality, upholding traditions (anniversaries, family holidays, etc.) creating a comfortable and beautiful shared home, loyalty and possessiveness	Erotic expression, honoring your need for private time and your own secrets, playing with power dynamics to keep stoke the sexy sparks
SN: Gemini/3rd House NN: Sagittarius/9th House	Being best friends with your lover, clearly communicating thoughts and ideas that keep the relationship interesting; creating fun, play and magic on a day-to-day basis (enjoying the moment and "the little things.")	Taking bigger risks in the name of love, embracing your autonomy and wholeness within and without relationships; traveling/learning/starting a business with your partner
SN: Cancer/4th House NN: Capricorn/10th House	Cohabiting and enjoying domestic bliss, creating a family vibe with your partner (and their friends and relatives; expression devotion through nurturing and TLC	Creating structures for long-term success in love, detaching from emotions to solve problems rationally, co-creating financial security and family legacies
SN: Leo/5th House NN: Aquarius/11th House	Passionate romantic expression, creating glamorous/fun/playful dates to keep the magic alive; co-creating through shared creative outlets or making babies; fierce protectiveness of the one you love	Building a community and friend group together, advancing a shared cause (through activism or humanitarian service work), being experimental and open to unconventional ways of "doing relationships."
SN: Virgo/6th House NN: Pisces/12th House	Upholding structures and traditions that create workability in relationships, being of selfless service to your partner, inspiring and maintaining healthy habits within the relationship, planning— everything from dates to household budgets	Creating fantasy and romantic escapes from the everyday, boundless empathy and emotional support for a partner, unconditional love, connecting without words

SN: Libra/7th House NN: Aries/1st House	Co-creating (with an equal give and take), compromise, peaceful resolution, enjoying decadence and luxury together	Independence/boundaries, assertiveness, vocalizing your feelings (and enjoying a dynamic debate), sharing a sexy physicality
SN: Scorpio/8th House NN: Taurus/2nd House	Erotic expression, honoring your need for private time and your own secrets, playing with power dynamics to keep stoke the sexy sparks	Affection, sensuality, upholding traditions (anniversaries, family holidays, etc.) creating a comfortable and beautiful shared home, loyalty
SN: Sagittarius/9th House NN: Gemini/3rd House	Taking bigger risks in the name of love, embracing your autonomy and wholeness within and without relationships; traveling/learning/starting a business with your partner	Being best friends with your lover, clearly communicating thoughts and ideas that keep the relationship interesting; creating fun, play and magic on a day-to-day basis (enjoying the moment and "the little things.")
SN: Capricorn/10th House NN: Cancer/4th House	Creating structures for long-term success in love, detaching from emotions to solve problems rationally, co-creating financial security and family legacies	Cohabiting and enjoying domestic bliss, creating a family vibe with your partner (and their friends and relatives; expression devotion through nurturing and TLC
SN: Aquarius/11th House NN: Leo/5th House	Building a community and friend group together, advancing a shared cause (through activism or humanitarian service work), being experimental and open to unconventional ways of "doing relationships."	Passionate romantic expression, creating glamorous/fun/playful dates to keep the magic alive; co-creating through shared creative outlets or making babies; fierce protectiveness of the one you love
SN: Pisces/12th House NN: Virgo/6th House	Creating fantasy and romantic escapes from the everyday, boundless empathy and emotional support for a partner, unconditional love, connecting without words	Upholding structures and traditions that create workability in relationships, being of selfless service to your partner, inspiring and maintaining healthy habits within the relationship, planning—everything from dates to household budgets

Composite Nodes: Our Relationship Destiny GPS



Our composite South Node is in (zodiac sign): _____



Our composite North Node is in (zodiac sign): _____

In your journal or worksheet, fill in the blanks from the suggested keywords below or use them as prompts.

What does our composite **South Node** reveal about our relationship's comfort zone? How can we lean in to this energy when the relationship feels chaotic, uncertain or totally off the rails? This is the way to bring things back to center; the relationship's "home turf."

Utilizing our **North Node**, how can we challenge ourselves to stretch and grow when our connection feels stuck, stagnant or unsexy? Are we resisting or avoiding tapping into this energy? What fears might be getting in the way, and how can we help each other to overcome them in the name of our relationship's evolution?

COMPOSITE NODES KEY PHRASES

	If your composite South Node is in this sign or house, you may have ease (or a karmic flow) around:	If your composite North Node is in this sign or house, your shared destiny—and learning curve as a pair—may be:
SN: Aries/1st House NN: Libra/7th House	Supporting each other's independence and ambitious pursuits. Discovering new activities and sharing adventures (this may be your first lifetime together!). Vocalizing your opinions and speaking up for what you each believe in. Having dynamic debates (even as "foreplay.")	Learning how to share, compromise and cooperate. Figuring out how to be great partners without giving up TOO much individuality (and becoming resentful). Creating peace, harmony and serenity—choosing your battles! Supporting each other's interests, even when they aren't your own.
SN: Taurus/2nd House NN: Scorpio/8th House	Creating comfort, financial security and a grounded life together. Enjoying "responsible decadence." Celebrating, planning and enjoying traditions. Supporting each other's daily routines. Saving up for a rainy day—and a sunny beach vacation. Affection, TLC and sensuality.	Amplifying sexiness—exploring the soulful and sensual depths of your erotic bond, giving each other privacy and permission to be vulnerable about difficult emotions, choosing magic over the mundane—even if that means breaking out of a comfortable routine, building wealth through investments (real estate, stock portfolio, etc.)
SN: Gemini/3rd House NN: Sagittarius/9th House	Friendship (being BFFs and lovers), playful communication, sharing day-to-day routines and activities, playdates, interest in similar cultural activities (from movies to music), sense of humor, intellectual curiosity and stimulation, being together 24/7	Sharing adventures (traveling, sports, learning together), having difficult—but honest—conversations, allowing yourselves the freedom to pursue independent paths and activities, taking risks that allow you to evolve as a couple
SN: Cancer/4th House NN: Capricorn/10th House	Nesting and creating a home, building a family and connecting to each other's relatives, bonding emotionally and tuning in to each other's feelings, caretaking for each other (may have a parental vibe at times), enjoying comfortable silence and quiet co-existence, working together creatively (cooking, decorating, co-hosting, etc.)	Planning for long-term comfort and security, wealth-building and management, collaborating successfully as business partners, supporting each other's career goals and lofty ambitions, leaving a legacy (for your family...or the world!), moving and shaking as a power couple
SN: Leo/5th House	Indulging in glamour, luxury and high-intensity romantic experiences.	Creating a shared community and friend group, joining forces on a

NN: Aquarius/11th House	Bonding in a heart-centered way, arousing passion (in each other and about life in general). Being fiercely protective of each other. Making babies or being creative partners in other ways like making art or music. Co-leading: being a power couple or the "royals" of a shared realm	humanitarian mission or project, being experimental and adventurous (with travel, learning, or metaphysical experiences), allowing each other the space to be quirky and individualistic, embracing unconventionality in your relationship's rules and format
SN: Virgo/6th House NN: Pisces/12th House	Keeping each other grounded, stable and financially secure. Supporting each other's healthy routines and wellness goals. Living a conscious and sustainable lifestyle (living simply). Enjoying nature-based activities like outdoor exercise, gardening, camping. Connecting intellectually; keenly analyzing situations and problem-solving together	Releasing rules and rigidity to invite in more romantic flow, exploring (or discussing) fantasies together; escaping from your daily routines for vacations, cultural activities and dream dates. Being compassionate to each other's struggles and making occasional sacrifices to individual desires if it's best for the relationship
SN: Libra/7th House NN: Aries/1st House	Marriage and committed partnership (you may have been together in many lifetimes), balancing each other's skill sets as complementary forces, being "peaceful warriors" as you fight for justice or lobby for a shared cause, enjoying luxury and romantic experiences	Giving each other space to be independent and explore your individual interests. Trusting in your bond, even when you aren't physically together. Vocalizing disagreements instead of "going along to get along." Learning how to express tougher emotions, such as anger, in a healthy way
SN: Scorpio/8th House NN: Taurus/2nd House	Magnetic sexual attraction, psychic bond ("Don't I know you from a past life...and did we, perhaps, sleep together?"), emotional intensity, constant rebalancing of power dynamics, building wealth together through investments (real estate, stock portfolio, start-up ventures).	Creating comfort, financial security and a grounded life together. Enjoying "responsible decadence." Releasing possessiveness and allowing each other to have other confidantes besides each other. Not running away during the "boring" moments.
SN: Sagittarius/9th House NN: Gemini/3rd House	Sharing adventures (traveling, sports, learning together), having difficult—but honest—conversations, allowing yourselves the freedom to pursue independent paths and activities, taking risks that allow you to evolve as a couple	Friendship (being BFFs and lovers), playful communication and a sense of humor, cooperating on day-to-day routines, interest in similar cultural activities (books, movies, music, going out), intellectual curiosity and stimulation, learning to coexist in the same space
SN: Capricorn/10th House	Planning for long-term comfort and security, wealth-building and	Nesting and creating a home, building a family and connecting to each

<p>NN: Cancer/4th House</p>	<p>management, collaborating successfully as business partners, supporting each other's career goals and lofty ambitions, leaving a legacy (for your family...or the world!), moving and shaking as a power couple</p>	<p>other's relatives, bonding emotionally and tuning in to each other's feelings, enjoying comfortable silence and quiet co-existence, working together creatively (cooking, making art and music, decorating, etc.)</p>
<p>SN: Aquarius/11th House NN: Leo/5th House</p>	<p>Creating a shared community and friend group, joining forces on a humanitarian mission or project, being experimental and adventurous (with travel, learning, or metaphysical experiences), allowing each other the space to be quirky and individualistic, embracing unconventionality in your relationship's rules and format</p>	<p>Indulging in glamour, luxury and high-intensity romantic experiences. Bonding in a heart-centered way, arousing passion (in each other and about life in general). Being fiercely protective of each other. Making babies or being creative partners in other ways like making art or music. Co-leading: being a power couple or the "royals" of a shared realm</p>
<p>SN: Pisces/12th House NN: Virgo/6th House</p>	<p>Creating a fairy-tale romance; escaping the harshness of the everyday world together—through high-intensity emotional experiences, slipping off to a private world, music, art (and, in some cases using substances). Supporting each other's dreams. Collaborating creatively. Being connected and compassionate to one another—even to the point of codependence of trying to "rescue" each other at times.</p>	<p>Creating a grounded, stable and financially secure life. Supporting each other's healthy routines and wellness goals. Living in the reality of the material world—where schedules and budgets matter. Learning to be less emotional and more rational so you can keenly analyze situations and problem-solve together—without going off the rails emotionally (or confusing feelings with facts).</p>

Chiron: Your Healing Gifts GPS

My Chiron is in (zodiac sign):_____



Using your journal or this worksheet, reflect on the following questions:

- What does Chiron reveal about my healing gifts in relationships?
- Where does Chiron reflect my need to do any healing or internal growth?
- Does my Chiron sign reflect any lessons I've overcome in love?
- How have I triumphed over my past and how can I carry that into my future?

Chiron in Aries (or 1st House):

Wounds: Anger management, lack of self-worth, aloofness and isolationism, cutthroat competition style—needing to be #1 or refusing to participate, comparing and despairing

Healing Gifts: Empowering people to embrace their individuality, channeling anger into creative expression, fearless individuality, modeling independence

Chiron in Taurus (or 2nd House):

Wounds: Stubborn resistance to (and fear of) change, following the flock instead of forming your own values and beliefs, addiction to comforts like eating and drinking, materialism and money struggles

Healing Gifts: Creating serene environments, savvy financial planning, holding down the fort during turbulent times, calm in the storm, practical magic, teaching/modeling traditional wisdom

Chiron in Gemini (or 3rd House):

Wounds: Fear of being alone (without a "twin"), approval-seeking, nervous chatter or addiction to gossip, constant pivoting that makes it impossible to finish what you start (Sparklepony Syndrome), anxiety about being judged, sibling rivalry

Healing Gifts: Play-based learning, communication arts, cooperation and mediation, using wit and humor as a tool for connection, putting people at ease/inclusivity

Chiron in Cancer (or 4th House):

Wounds: Trouble feeling “at home” or safe—both in your body and in the world, hoarding resources and money, emotional eating, xenophobia and “stranger danger,” family dysfunction (possibly with the mother)

Healing Gifts: Creating a safe haven for community, empowering women, nutritional wisdom/nourishing with food, savvy financial planning

Chiron in Leo (or 5th House):

Wounds: Need for validation, attention and approval, presenting a false front, addiction to drama and intensity, romance/love addiction, chasing the high

Healing Gifts: Empowering others through authentic self-expression, playfulness and healthy hedonism, using the arts to uplift and spread a positive message

Chiron in Virgo (or 6th House):

Wounds: Debilitating perfectionism, people-pleasing, distorted self-image (body image), anxiety about people’s judgments, being excessively critical of others, hypochondria

Healing Gifts: Creating structures to help people improve their lives (from home organization to wellness), being a storehouse of practical wisdom, creating empowering media

Chiron in Libra (or 7th House):

Wounds: Inability to commit to relationships, paralyzing indecision, romanticizing, trying to force peace at any price, trouble ending relationships

Healing Gifts: Fostering peaceful communication and harmonious compromises, diplomacy, creating beauty and heart-opening experiences, being a messenger for Cupid

Chiron in Scorpio (or 8th House):

Wounds: Nihilism, sexual addiction (possibly springing from childhood sexual abuse), power struggles, jealousy and obsession, trouble leaving bad relationships

Healing Gifts: Soul-deep sexual healing, alchemy (turning “trash” into treasure), helping people through extreme life passages such as births, deaths and other transitions

Chiron in Sagittarius (or 9th House):

Wounds: Fanatical or zealous beliefs, disruptive nomadic tendencies, aggressive or tactless communication style, chasing the “high” of the next big thing

Healing Gifts: Revealing higher truths with compassion, fostering diversity and inclusivity, creating conscious media, laughter as medicine

Chiron in Capricorn (or 10th House):

Wounds: Obsessive ambition, using career as an escape, fixation on gaining status and approval, family dysfunction (possibly showing up as daddy issues)

Healing Gifts: Levelheaded leadership, environmental consciousness, utilizing resources to provide for everyone

Chiron in Aquarius (or 11th House):

Wounds: Destructive rebellion, scientific detachment from emotions, trying to “fit in”

Healing Gifts: Social justice/activism, fostering utopian communities and a sharing economy both online and IRL, uplifting idealism

Chiron in Pisces (or 12th House):

Wounds: Fear of asserting boundaries, escapism, addiction, denial/not living in reality, having a parent with an addiction or who was mentally ill

Healing Gifts: Helping people let go of limiting beliefs, spiritual and esoteric leadership, psychic/metaphysical/shamanic powers, helping people live out their fantasies